



## What does punishment do to a child

Based on Nada Ignjatovic

**1. Remember a situation from your childhood when you were punished (by parents, teachers...).**

**(by parents, teachers...).**

**2. What exactly did you do that caused you to be punished? (Observation).**

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**3. How did you feel then?**

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**4. What need was not met at that time?**

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**5. What exactly did you learn for your life at that time?**

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**6. How did the punisher probably feel?**

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**7. Which need could he/she have fulfilled or tried to fulfill with it?**

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**8. From your perspective, what was the educational intention/the educational aim?**

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**9. Was this aim achieved?**

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**10. Find out what you really needed in that situation at that time.**

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